

“MY HELP COMES FROM GOD” PSALM 121.

6/23/2024 PM

intro.:

- A. The time and reason for this Psalm is unknown.**
- B. It is a song of trust and assurance.**
 - 1. It pictures one looking to the source of help.
 - 2. The humble man recognizes that God is great and true.
 - 3. It is a wise person who can recognize his need for help.
 - 4. It is important for us to know where to go for this help.
- C. We can be sure that our help comes from God.**

discussion. as we look for help let us notice...

I. THE SOURCE (1-2).

- A. The heathen world, sought help from their “gods.”**
 - 1. **Exodus 12:12.**
 - 2. **Exodus 18:11.**
- B. Where shall I look for help? The answer is found in verse 2.**
 - 1. Many people depend upon the wrong source for strength.
 - 2. Notice: “My help cometh from the LORD...”
 - 1) **2 Timothy 1:12.**
 - 2) **Philippians 4:13.**
 - 3. What help can there be that is so powerful?
- C. The Psalmist looked to the ruler and creator of the hills (creation).**
 - 1. God spake into existence our world (**Genesis 1**).
 - 1) **Isaiah 40:29.**
 - 2) **Psalms 146:5-6.**

II. THE ASSURANCE (3-4).

- A. A clear and plain promise.**
 - 1. “He will not suffer thy foot to be moved...” (Not forced.)
 - 1) Because of Him we have a firm foundation upon which to stand.
 - 2) God’s unwavering power and righteousness is our assurance.
 - a. **Psalms 66:9.**
 - b. **Proverbs 3:24-26.**
 - 2. A wonderful assurance.
 - 1) Nothing is unsteady with God.
 - a. **Isaiah 32:17.**
 - b. **Hebrews 10:22.**
 - 2) God’s strength is past our understanding.
 - a. **Isaiah 41:13.**
 - b. **Philippians 4:7.**
- B. “... he that keepeth thee will not slumber. Behold, he that keepeth Israel shall neither slumber nor sleep.”**
 - 1. He is always watching (The All-Seeing Eye).
 - 1) What an awesome realization.
 - 2) Sees all things both day and night (**Psalms 139:10-12**).
 - a. **Job 34:22.**
 - b. **Hebrews 4:13.**
 - 2. He is not like the false gods of men.

III. THE WHEN AND THE WHERE OF OUR HELP (5-8).

- A. “Thy shade” is a description of protection.**
 - 1. “Shade” can be pictured as security or defense.

- 1) **Isaiah 25:4.**
- 2) **Isaiah 41:10.**
2. He would thus be at hand or would be ready to interpose in defense of him whom he was to guard.
- B. God will always be with and give comfort to His people.**
 1. **Psalm 16:8.**
 2. **Psalm 63:8.**
- C. The help will come from God, and it will not end.**
 1. Does this mean that today we will never suffer?
 - 1) **2 Timothy 3:12.**
 - 2) The First Century Christians suffered for Christ's sake.

IV. CONCLUSION.

- A. As Israel sang this song, they would remember that God will give safety to the godly.**
- B. **Hebrews 13:6** “So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me.”**