

PSALM 121
“FROM WHENCE COMETH MY HELP?”

introduction:

- A. **Read text: *Psalm 121*.**
- B. **Regarding the text:**
 - 1. It is a song of trust and assurance.
 - 1) It pictures one looking to the source of help.
 - 2) The humble man recognizes that God is great and true.
 - 3) It is a wise person who can recognize his need for help.
 - 4) It is important for us to know where to go for this help.
 - 2. It is a song of security.
- C. **We can be sure that our help comes from God.**

I. THE SOURCE OF OUR HELP (1-2).

- A. **The heathen world, sought help from their “gods” (Num. 33:4; Exo. 18:10-11).**
- B. **Where do we look for help? Note verse 2.**
 - 1. “My help cometh from the LORD...” (2 Tim. 1:12; Phil. 4:13).
 - 2. The most powerful help.!
- C. **The Psalmist looked to the ruler and creator of the hills.**
 - 1. God spake into existence our world (Gen. 1).
 - 2. “His power can make you ought to be” (Isa. 40:29; Psalm 115:15.)

II. HIS HELP IS ASSURED (3-4).

- A. **A clear and plain promise.**
 - 1. “He will not suffer thy foot to be moved...”
 - 1) Through Him we have a firm foundation upon which to stand.
 - 2) God’s power is our assurance (1 Sam. 2:9-10; Psalm 66:9).
 - 2. A wonderful assurance (Heb. 10:22).
 - 1) Nothing is unstable with God.
 - 3. God’s strength is past our understanding (Isa. 41:13; Phil. 4:7).
- B. **“... he that keepeth thee will not slumber. Behold, he that keepeth Israel shall neither slumber nor sleep.”**
 - 1. He is always watching. (*The All-Seeing Eye*.)
 - 2. An awesome realization (Job 34:22; Dan. 2:22).
 - 3. He is unlike the false gods of the heathen (1 Kings 18:25-29).

III. THE WHEN AND THE WHERE OF OUR HELP (5-8).

- A. **“Thy shade” is a description of protection.**
 - 1. “Shade” can be pictured as a defense (Psalm 109:31).
 - 2. By day and by night. Genesis 31:40.
- B. **God will always be with His people (Psalm 16:8; 63:8).**
 - 1. The help will come from God and it will not end.
 - 2. Does this mean that today we will never suffer?
 - 1) 2 Tim. 3:12.
 - 2) 1 Cor. 10:13.

IV. CONCLUSION.

- A. **Note: His is our HELPER. He helps the obedient!**
- B. **With God on our side, we will win the final war.**